

Winter Academy Program

January – March 2012



Register: Now available for Girls U6 – U13
Cost: Only \$75 for 5 weeks of high intensity soccer training
Place: Holly turf on Friday's from January to March!!

Registration Deadline is December 30th, but Register early because space is limited!!!

Your daughter will be engaged in soccer specific training at a high intensity level lead by qualified and experienced soccer coaches from within the community and from surrounding districts.

It has been proven on the global soccer stage that this form of sport specific training is beneficial to the development of young athletes. The Ladner soccer club winter academy will follow the guidelines set in motion by the Canadian Soccer Association and Sport Canada concerning long-term player development (LTPD).

Group 1: Jan 6, 20, Feb 3, 17, Mar 2 (5 Sessions)

5:15-6:15pm		6:30-7:45pm	
U8's	First 20 registered	U11 Select	First 10 registered
		U12 House	First 18 registered
		U13 Select & House	First 18 registered
		Goal keepers U9, U10 & U11 House	First 6 registered

Group 2: Jan 13, 27, Feb 10, 24, Mar 9 (5 Sessions)

5:15-6:15pm		6:30-7:45pm	
U6/U7	First 20 registered	U9 House	First 18 registered
		U10 House	First 18 registered
		U11 House	First 10 registered
		Goal keepers U11 Select, U12, U13	First 6 registered

To register: Go to www.ladnergirlssoccer.com and click on the [Registrations tab](#)

If you are having troubles with the online registration, then complete the information below and contact Lisa or Jodie at the e-mail addresses to arrange a drop off of the form and cheque.
soccergerrard@live.ca or jodie@telus.net

First name: _____ Last name: _____

Age level: _____ Team name and/or coach _____

Address: _____

Email: _____ Phone: _____

Note: Goalies can either sign up just for the goalie sessions or for both the goalie session and the player session. There will be separate registrations on-line.